

## **Dental Health for Children**

You may be ready to send your kids back to school, but don't forget to schedule their dental appointments! Regular children's dentistry appointments are a vital part of their dental health. It's recommended by the American Dental Association that kids should see a dentist at least twice a year for routine checkups. If your child has never seen the dentist, then don't wait! Examinations are an opportunity for your dentist to check for any decay or growth problems, and to stop them before complications arise.

A children's dentistry exam is also great for reminding your child of the importance of proper dental hygiene. The gentle team here at Family, Implant & Cosmetic Dentistry will explain different, easy-to-remember techniques for daily care. We can also offer handy tips about flossing, a practice that most children won't perfect until well into adulthood. It's never too late or too early to begin instructing excellent dental care!

We want to help your child improve their oral health any way that they can. Remember, the more regularly your child sees the dentist, the less likely they will be to develop serious dental problems later in life. Great dental hygiene will save your child time in the dental chair receiving restorative treatment, which they will be happy about. Just give us a call today to schedule a children's dentistry appointment! (813) 684-7888