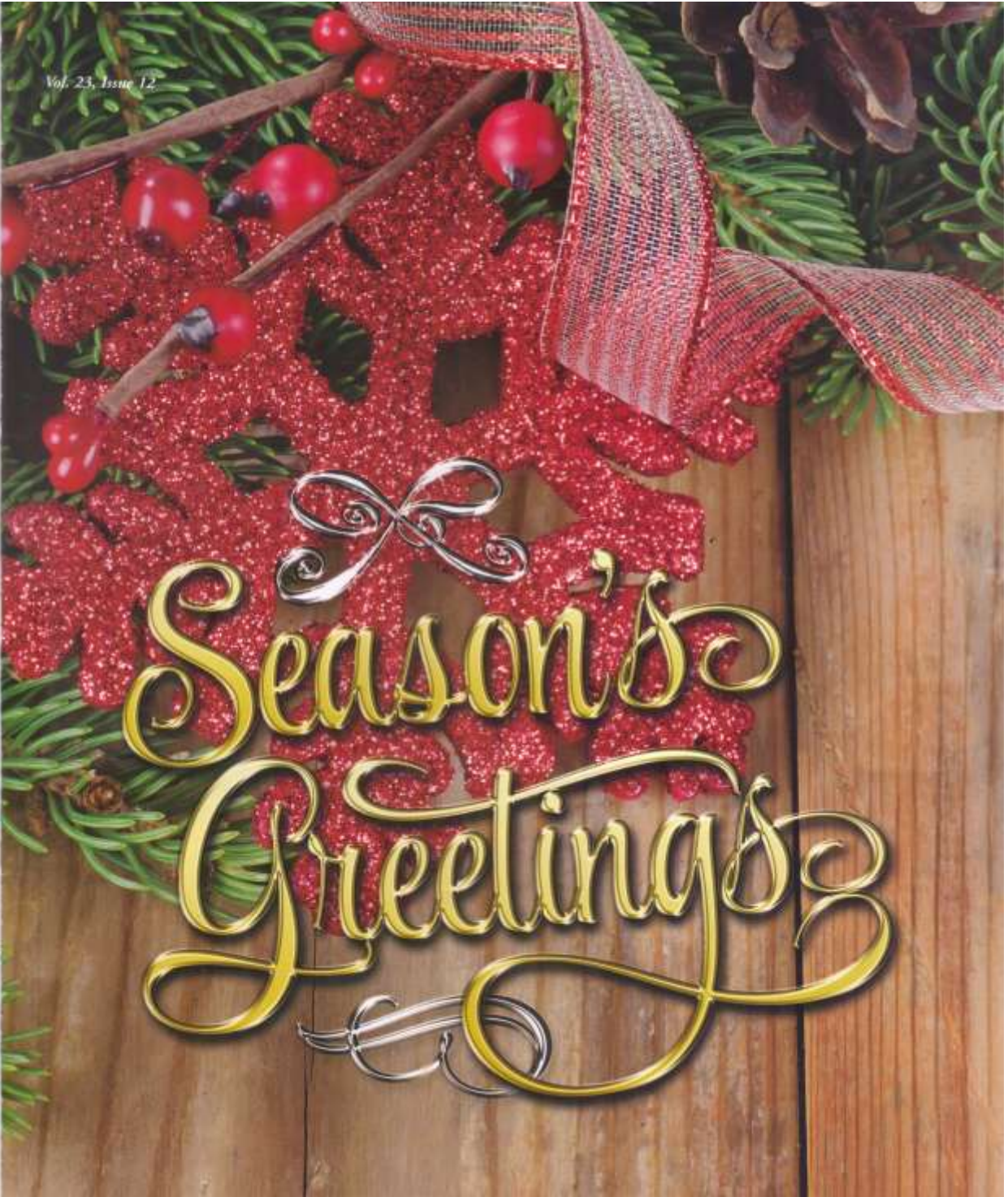


Vol. 23, Issue 12





'Tis the Season to "Winterize" Your Smile!

Get more mileage out of your attractive, healthy



all year round!



ROAD HAZARDS AHEAD...

Use caution when driving on wet, icy roads or when walking on slippery surfaces. A custom mouth guard from our office will give you added protection when participating in winter sports. **Taking precautions can prevent broken, chipped or cracked teeth.**



WARNING: TEETH AREN'T TOOLS!

Using your teeth to crush ice, open packages or bobby pins, remove clothing tags, trim your nails, or chew on pencils can **chip, crack or fracture your precious pearly whites.**



CHECK YOUR FLUIDS...

It's no secret that sugar in sodas, fruit juices, or energy drinks can cause cavities. The acids found in soft drinks (including diet drinks) can also dissolve your tooth enamel. It's best to use a straw, rinse well, and brush after consuming these beverages. **Try replacing sugary and acidic drinks with water!**



NOT-SO-SWEET TREATS...

Caramel, taffy, or jelly candies stay in contact with your teeth longer, leaving them at a higher risk of decay. Sticky candies can also loosen or "pull out" your fillings and crowns! **Biting down wrong on hard candy canes, toffee, peanut brittle or even popcorn kernels...can chip or break a tooth!**



IT'S ALL IN THE ALIGNMENT...

When your teeth are out of alignment or don't come together harmoniously, they also wear unevenly. Correcting a bad bite can improve your appearance *and* the health of your mouth. **Let's make sure you have a balanced bite!**

Avoid a dental emergency...

Schedule your dental exam
TODAY!

Deck the Halls with Dazzling Holiday Smiles!



"It's like Visiting Family!"

by Linda Sorget

When I moved to a new area several years ago, I immediately searched for a new dentist. I have periodontal disease, so I like to keep on top of my dental health. A friend referred me to their dentist.

I really like my dental office. The staff is so friendly; it is like visiting with family!

They keep up-to-date on the newest technology, answer all of my questions, and give me options on treatments. When I have an emergency, they get me in and take care of my needs right away.

They foster such a comfortable, safe atmosphere that I imagine even people with dental anxiety would be pleased to come here. ❖



"I Found a '5-Star' Dentist!"

by Richard Atkins

When I relocated to another state, I needed to find a new Dentist. As I was looking, I noticed one that consistently received "5-Star" reviews, so I decided to make an appointment.

I went in for a cleaning and found out why this practice received such rave reviews. From the very first visit, I knew this was more than just your "average" Dental office.

My Dentist and staff were truly concerned about my dental health and well being! I found a Dentist that truly cares!

I pass their business cards out to everyone I know who is looking for a wonderful Dentist. ❖



"I Now Have Peace of Mind!"

by Lillian Spiteri

One thing I love about my dental office is they are very accommodating when it comes to scheduling appointments.

I'm glad I found a Dentist and staff that are organized and friendly. I always know exactly how much I will pay for each visit. There are no billing surprises, which gives me peace of mind!

I was very fearful of trying a new Dentist, but my Dentist and staff erased all my fears and went out of their way to make sure that I was comfortable and at ease.

I've had a number of dental procedures done, each one with complete satisfaction.

I would recommend my Dentist to anyone who wants an inviting, friendly and dependable experience! ❖



Sanford N. Schwartz, D.D.S.

Don't Let Holiday Stress Spoil Your Smile!

The holidays can be tough on your wallet and your waistline. And, holiday stress can be tough on your gumline!

According to the *Academy of General Dentistry*, stress can affect the health of your gums. Research conducted on 1,400 volunteers ages 25 to 74, were studied to see how "coping abilities" affect their risk of periodontal gum disease.

They found those at greatest risk for periodontal disease were highly emotional in dealing with money worries! The good news is that when they resolved their financial issues, their risk decreased.

When your defenses are down, you're more prone to gum infection.

CALL US TODAY!



Teeth Whitening Specials from \$67!

Now! You can get the "Sensational Smile" you deserve.

CALL TODAY!

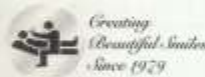
Transferable. Please share with your family, friends and co-workers! Offer expires 1/31/16.

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FAMILY, IMPLANT AND COSMETIC DENTISTRY

Sanford N. Schwartz, D.D.S., P.A.

Happy Holidays Friend,

Let Us "WOW" Your Holiday Smile!

With lots of festivities and photos in store, **you want to look your best!**

Once your teeth have *lost their luster*, it's possible to restore your radiant smile in as little as one or two appointments.

Whether it's a cleaning, whitening, or any one of our advanced cosmetic dental procedures, **brighten your smile and freshen your breath** just in time for the holidays!

It's hard to imagine the holidays without all the goodies. **So go ahead and celebrate!** Thankfully, proper brushing and flossing can compensate for your seasonal indulgences. The clincher is to brush and floss daily...or rinse when you absolutely can't brush.

We know the holidays can be hectic, but don't wait until you're in pain to contact us. **CALL TODAY!**

May the Lord Bless You and Your Family,

We also accept:



Need Financing? We Can Help!
Interest Free Financing and 100% Financing Options Available!

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